Salad As A Meal: Healthy Main-Dish Salads For Every Season

By Patricia Wells

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Enjoy salad? Then why not turn it into a main dish? Here, Patricia Wells shares two delicious salad and dressing recipes, all from her new cookbook, Salad as a

Home; Recipes; Healthy; Meal Courses; Salad; Healthy Salad. As a first course or a meal on its own, a colorful salad is always a healthy choice. From pasta salads to

Allrecipes has more than 100 trusted main dish salad recipes "This was very quick to pull together and made for a nice filling meal on healthy, satisfying

Cooks with Books: Patricia Wells - Salad as a Meal Location: 507 Magnolia Avenue. 94939-1328 Larkspur. us. Search form. Search . Shopping cart. There are no

Salad as a Meal: Healthy Main-Dish Salads for Every Season Pin It Patricia Wells.

Leftover pasta, rice or couscous can also be the basis of a meal salad. After a long day it s great to have a healthy dinner all prepared! Mary C. Anderson said:

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by Patricia Wells. Epicurious April 2011 Salad as a Meal: Healthy Main-Dish Salads for Every Season. 2/4. Healthy Main-Dish Salads for Every Season by

Apr 11, 2011 Healthy Main-Dish Salads for Every Season Patricia Wells. In Salad As A Meal, Patricia Wells gives readers hundreds of delectable ideas,

Healthy Food Guide; Cooking for Two; Quick & Healthy Cooking; Holiday & Entertaining; Download a Free Cookbook with Healthy Salad Recipes! Recipes; Add/Read

Loaded with just-picked veggies and classic crowd-pleasers like steak and shrimp, these mix-and-match salads make for winning warm-weather dinners.

Patricia Wells Salad as a Meal . Authors on Stage is delighted that Patricia Wells is returning to New Canaan Salad as a Meal: Healthy Main-Dish Salads for Every

Turn your salad into a meal New cookbook will fill you up with healthy recipes

Toss together one of these healthy salad recipes for a Easy Dinner Salads. egg, and a mustard tarragon vinaigrette add delicious complexity to the meal.

Healthy Fast-Food Salad Guidelines . Make sure your fast-food salads are as healthy as you think they are with these simple salad guidelines.

May 24, 2011 Healthy Main Dish Salads for Every Season" (William Morrow, \$34.99) 5 tips for a better salad from Patricia Wells and "Salad as a Meal."

Healthy Food Guide; Cooking for Two; Quick & Healthy Cooking; Holiday & Entertaining; Make a hearty salad for dinner with these fresh recipes for dinner salads.

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Whether you have made the full vegetarian plunge or just want to mix it up, sans the meat, once a week, these healthy, meatless main dishes will have you swooning.

30-Minute Healthy Chicken Recipes . For a healthy dinner that's easy, too, try one of our healthy chicken recipes. Ready in under 30 minutes and ringing in at under

Genre/Form: Electronic books: Additional Physical Format: Print version: Wells, Patricia. Salad as a meal. New York: William Morrow, c2011 (DLC) 2010027043

Search hundreds of healthy, flavorful salad recipes including dinner-worthy salads. 1 Food 5 Ways; Vegan Gourmet;

WebMD Feature Archive Is your favorite salad really low in calories? Everybody knows salads are healthy, right? People who are on a diet often opt for entr e salads

This colorful, healthy salad stars black beans, corn, tomatoes, and edamame. Sponsors. Staff Picks . Food Wishes - YouTube; Shop Allrecipes; Allrecipes Magazine;

Home Book Reviews Salad As A Meal Patricia Wells Salad as a Meal: Healthy Main-Dish Salads for Every Season (William Morrow/Harper Collins).

Healthy Main-Dish Salads for Every Seasonby Patricia Wells Culinary legend Patricia Wells is back with the definitive Blueberries, Salad as a Meal,

Find the recipe for Patricia Wells's Cobb Salad Season generously with From Salad as a Meal: Healthy Main-Dish Salads for Every Season by Patricia

Interesting book for the adventurous cook As many reviewers have already noted, Patricia Wells has a very broad definition of the word salad. This includes cold meat

Culinary legend Patricia Wells is back with the definitive guide to creating delicious and hearty salads for any occasion--including more than 150 recipes and

Fresh spins on simple ingredients make these six salads substantial and yummy enough to play the starring Healthy Food Awards 6 Fresh and Hearty Dinner Salads.

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